

# CERTIFICATE OF PARTICIPATION

This is to certify that

**Riaan Du Plessis**

Has successfully participated & completed the

**Solo Steer Cowhouse Cross Duathlon 2019 #1**

held at Cowhouse Market.

**TIME 01:42:03**

**PACE 06:48/km**

**OVERALL 10 of 17**

**GENDER 8 of 11**

**OPEN 4 of 4**

03 March 2019, Sun

Date



*BoutTime*

Signature

